**A TIME TO WEEP**

(Psalms of Lament)

1. **WHEN IN REAL PROBLEMS…**
2. In Crisis (Psalm 3)
3. In Confusion (Psalm 88)
4. In Confession (Psalm 51)
5. In Catastrophe (Psalm 137)
6. **WITH THE RIGHT PERSPECTIVE (Psalm 90)**
7. Truth and grandeur about God (v.1-2)
8. Truth about Man (v.3-6)
9. Man’s sin and God’s wrath (v.7-11)
10. Requests made (v.12-17)
11. V.12-13 number our days
12. V.14-16 satisfy us with Your mercy (St. Augustine: “You made us for Yourself, and our hearts find no peace until they find rest in You.”
13. V.17 “establish the work of our hands”

An admonition by a seventeenth century writer and theologian in view of the Apostle Paul urging believers to “pray about everything”…….

“Tell God all that is in your heart, as one unloads one’s heart, its pleasures and its pains, to a dear friend. Tell Him your troubles, that He may comfort you; tell Him your joys, that He may sober them; tell Him your longings, that He may purify them; tell Him your dislikes, that He may help you to conquer them; talk to Him of your temptations, that He may shield you from them; show Him the wounds of your heart, that He may heal them; lay bare your indifference to good, your depraved tastes for evil, your instability. Tell Him how self- love makes you unjust to others, how vanity tempts you to be insin-cere, how pride disguises you to yourself as to others.

If you thus pour out all your weaknesses, needs, troubles, there will be no lack of what to say. You will never exhaust the subject. It is continually being renewed. People who have no secrets from each other never want for subjects of conversation. They do not weigh their words, for there is nothing to be held back, neither do they seek for something to say. They talk out of the abundance of the heart, without consideration, just what they think. Blessed are they who attain to such familiar, unreserved intercourse with God.”