

### Questions for reflection: 1 Peter 5:6-14

1. How has God been gracious to you in times of suffering? What is the evidence that he cares for you?
2. What are some causes of anxiety? How does humbling yourself under the mighty hand of God help?
3. Have you ever struggled with temptation or suffering & believed the lie that you are alone? Why was that lie so powerful? How can you guard against believing it?
4. How real or present is the future glory of salvation to you today? Does it seem dim and distant? Does it seem real and tangible? How does knowing the glory that will be ours change how you live today?